

TICS/TOURETTE'S RESOURCES

Tourette's Syndrome is a neurological condition that causes people to have "tics". It is possible, however, to have tics and without having Tourette's Syndrome. Tics are unintentional, sudden, repetitive movements and sounds. They can be affected by stress, fatigue and anxiety.

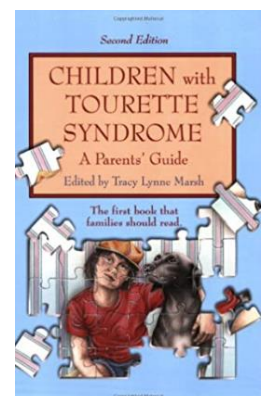
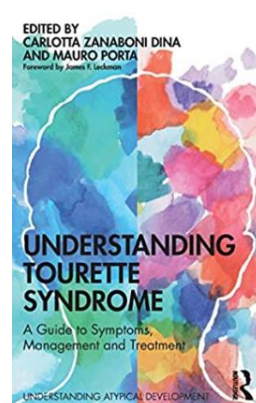
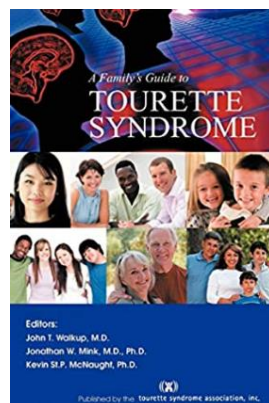
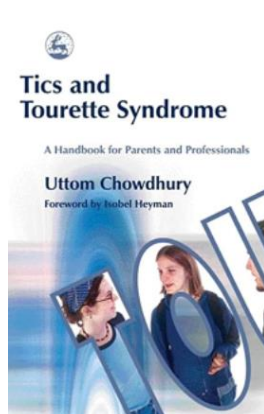
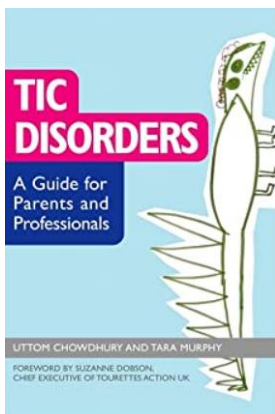
Information, Support and Advice:

- Tourettes Action - <https://www.tourettes-action.org.uk/>
- The Brain Charity - https://www.thebraincharity.org.uk/condition/tourette-syndrome/?gclid=CjwKCAjwx46TBhBhEiwArA_DjM4T_eD9IbDICf11nrBvkYUYOt2FopsjU3zgUKvMw_o3y-tLAW9UPRoCdfoQAvD_BwE
- CHUMS - <http://chums.uk.com/tics-and-tourettes/>
- Developing Minds - <https://developingminds.net.au/blog/2018/6/25/i-cant-stop-it-tics-and-twitches-in-children-and-teens>
- Great Ormond Steet Hospital - <https://www.gosh.nhs.uk/conditions-and-treatments/conditions-we-treat/tourette-syndrome/tourette-syndrome-information-pack/>

Courses, Training and Webinars:

- Neuro-Diverse - <https://www.neuro-diverse.org/>
- Tourette Association of America - <https://tourette.org/resources/taa-webinars/>
- Tourettes Action - https://www.tourettes-action.org.uk/storage/downloads/1600265722_tafactsheet-ts-in-school-v3.pdf

Books for Parents/Guardians:



Books for Siblings:

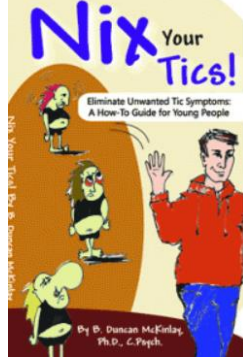
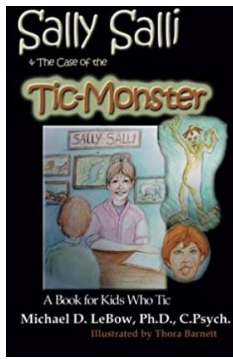
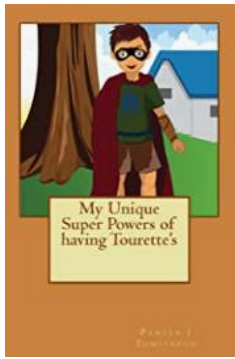
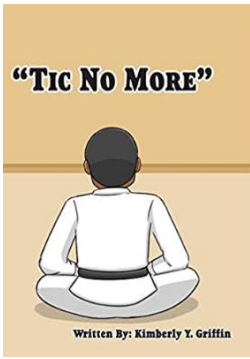


Books for Younger Children:



Books for Children/Young People:



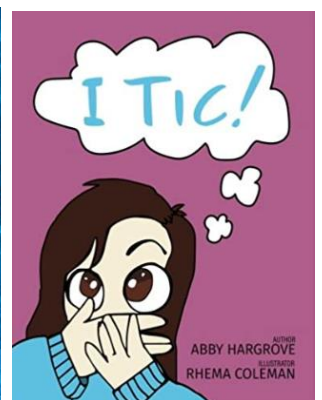
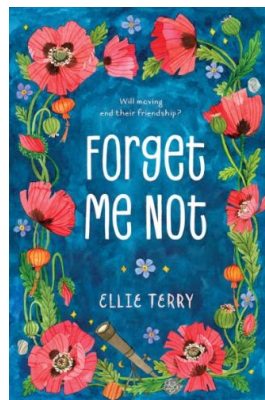
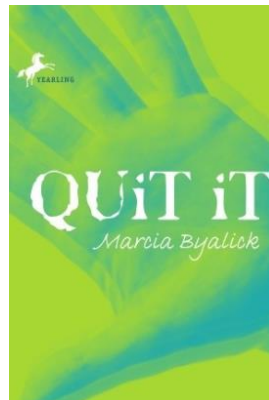
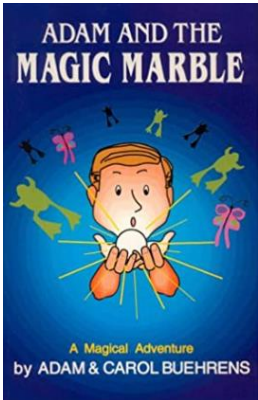


“T-Rex” Syndrome (4 book series)

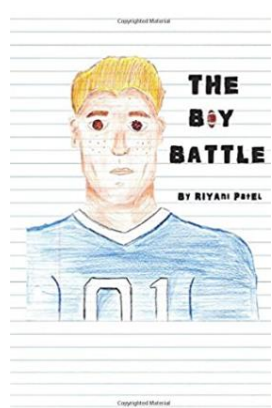
Paperback edition

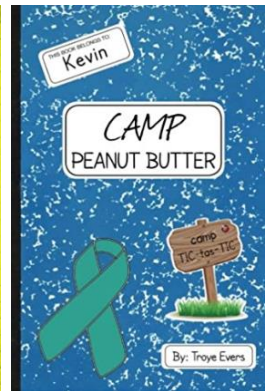
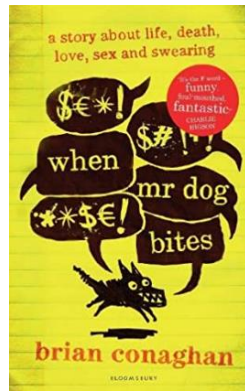
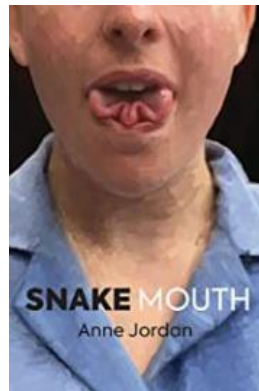
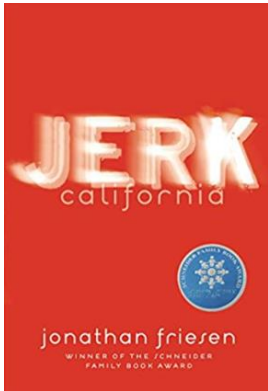
by Don Hoiland (Author), Pandora Night (Illustrator), Kody Flannery (Illustrator)

From Book 1: Tourette Syndrome can be an intimidating diagnosis for children as well as parents. Taking away the large, medical terms and presenting it in a fun, easy to understand way is the aim of this children's book and others to come in the series.



Books for Teenagers/Young Adults:





Michael Vey (8 book series)

Paperback edition

by Richard Paul Evans (Author)

The start of an action-packed teen series from #1 *New York Times* bestselling author Richard Paul Evans.

To everyone at Meridian High School, fourteen-year-old Michael Vey is nothing special, just the kid who has Tourette's syndrome. But in truth, Michael is extremely special—he has electric powers. Michael thinks he is unique until he discovers that a cheerleader named Taylor has the same mysterious powers. With the help of Michael's friend, Ostin, the three of them set out to discover how Michael and Taylor ended up with their abilities, and their investigation soon brings them to the attention of a powerful group who wants to control the electric teens—and through them, the world.

✓ [Read more](#)



Personal Accounts:

